

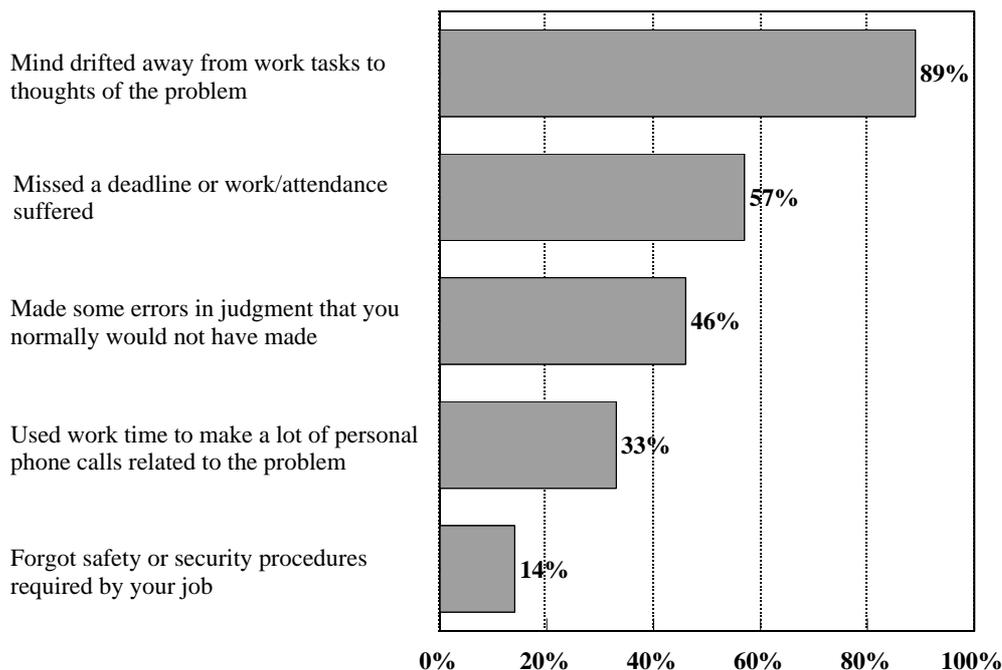
**A Weekly FAX from the Center for Substance Abuse Research**

**University of Maryland, College Park**

## *Inability to Concentrate, Missed Deadlines, and Poor Attendance* *Most Common Ways in Which Family Members' Substance Abuse Affects Workers*

Slightly more than one-fourth (26%) of employed adults report that there has been substance abuse or addiction within their family and 42% of these workers report that they have been distracted or less productive at work because of it, according to a recent national telephone survey. Having their mind drift away from work tasks to thoughts of the problem was the most frequently reported work-related problem (89%), followed by missing a deadline or work/attendance suffering (57%), and errors in judgment (46%). The workers surveyed suggested several ways in which employers could help, such as offering counseling for family members of addicted individuals (73%), providing better health insurance coverage (67%), and providing a more flexible work schedule or time off work (65%).

### **Work Impairment of U.S. Employed Adults with Family Substance Abuse or Addiction Problems, 2005**



NOTE: Data are based on a telephone survey conducted in January 2005 by Ipsos-Worldwide of a sample of 1,190 employed adults from across the U.S. The margin of error is  $\pm 2.8\%$ .

SOURCE: Adapted by CESAR from Hazelden Foundation, *Hazelden Foundation's 2005 "Making Recovery America's Business" Survey Data Tables*, 2005. Available online at <http://www.hazelden.org>.

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