

New Alcohol and Drug Abuse Administration (ADAA) Report Highlights Maryland Substance Abuse Prevention and Treatment Services Provided During 2003

Each year, the Maryland ADAA publishes a report highlighting the services provided by and outcomes of substance abuse prevention, intervention, and treatment programs in Maryland. Following are highlights from the fiscal year 2003 *Outlook and Outcomes* report, which is available online at http://www.maryland-adaa.org/content_documents/Outlook&Outcomes.pdf.

- Approximately 304,000 persons received prevention services in Maryland, primarily through programs employing information dissemination, educational activities, and alternative substance-free activities. The majority of individuals receiving services were parents and school-aged children.
- Nearly 59,000 individuals received treatment services from certified treatment programs, primarily outpatient programs. More than one-half of all treatment clients had at least one prior treatment episode.
- Alcohol, marijuana, and heroin were the three substances of abuse most frequently reported by clients in Maryland certified treatment programs.*
- More than one-third (36%) of alcohol-related** and 48% of marijuana-related admissions reported that the first time they used alcohol or marijuana, respectively, was at age 14 or younger.
- Slightly more than one-fifth of treatment clients had a current mental health problem at admission.
- The longer individuals remained in treatment, the less likely they were to be using their primary drug of abuse at discharge. For example, 56% of clients who remained in ADAA-funded treatment 30 to 89 days reported using their primary substance at discharge, compared to 22% of clients who remained in ADAA-funded treatment programs 180 days or more.

*Treatment clients are screened at intake to determine their major substances of abuse. The clients' primary, secondary, and tertiary drugs of abuse are then reported to SAMIS.

**Age of first use for alcohol refers to age of first intoxication.

SOURCE: Adapted by CESAR from the Maryland Alcohol and Drug Abuse Administration, *Outlook & Outcomes*, 2004. For more information, contact Dr. Eric Wish (ewish@cesar.umd.edu) or Erin Artigiani (erin@cesar.umd.edu).
