Young Adults 18 to 25 Years Old Have the Highest Unmet Need for Alcohol and Drug Use Treatment in the State

Seven percent of Maryland residents age 12 and older needed but did not receive alcohol treatment and 2.7% had an unmet need for drug treatment,* according to data from the 2002 and 2003 National Survey on Drug Use and Health reports. Young adults 18 to 25 years old had the highest unmet need for alcohol and illicit drug treatment in the state. Fifteen percent of young adults needed but did not receive alcohol treatment, nearly three times the rate of younger (5.2%) and older (6.1%) residents. Furthermore, young adults were nearly twice as likely as youths age 12 to 17 and six times more likely than adults age 26 or older to have had an unmet need for illicit drug treatment.

Estimated Percentage of Maryland Household Residents Needing But Not Receiving Treatment for Alcohol and/or Illicit Drug Use, by Age, 2002 and 2003

*Unmet need for treatment is defined as meeting the DSM-IV criteria for abuse or dependence on alcohol or illicit drugs but not receiving treatment at a drug and alcohol rehabilitation facility (inpatient or outpatient), hospital (inpatient only), or mental health center in the past year.